

HEALTH AND WELLBEING BOARD: 22 MARCH 2018

POSITION STATEMENT FROM THE CHAIRMAN

Lightbulb project shines at LGC Awards



A partnership project hosted by Blaby District Council was a winner at the Local Government Chronicle (LGC) Awards last night.

In partnership with Leicestershire County Council, district councils, Clinical Commissioning Groups (CCG's) and Leicestershire Partnership Trust, the Lightbulb project was shortlisted alongside some of local government's most innovative initiatives, and was the winning entry in the Public/Public Partnership category for its work in supporting vulnerable people to live in their homes as safely as possible.

Following the roll-out in October 2017, 89 per cent of service users have reported an improvement in their physical and mental health under the new scheme. A reduction of just one fall for every 17 residents saves the local health and care economy £21,000 per year.

With Lightbulb now rolled out across Leicestershire, more service users will be able to take advantage of the benefits, including a much reduced waiting time for housing adaptations, fewer people involved in each case and a vast reduction in delivery cost.

Analysis on 357 patients experiencing improved care and an 84 percent reduction in NHS costs, worth up to £550,000 in savings over a one-year period.

Back in September, Lightbulb was named 'Best Collaborative Working Initiative' by the Association for Public Service Excellence and Commended at the Home Improvement Agency Awards.

Councillor Lee Breckon, Blaby District Council's Portfolio Holder for Community Services, said: "This is Lightbulb's third award in under six months, and continues to

prove how this partnership is recognised nationally for the positive difference it is making.

“We are so proud to host Lightbulb and continue the project’s innovative work in changing the way local people access housing adaptations.”

Councillor Pam Posnett, Leicestershire County Council Cabinet Member for Health, said: “the outcomes already achieved through the Lightbulb programme, speak for themselves and have proven by working collaboratively, we can make a significant difference to people’s lives”.

The awards ceremony took place at London’s Grosvenor House venue on 21 March 2018.

Leicestershire Food Plan

Healthy foods are fundamental to good health and community vitality. The food system - from agricultural production and processing, to transportation and marketing, to shop purchases and waste disposal, influences our ability to buy healthy foods and affects our society in profound ways. But food is not just about obesity. Food also has widespread economic implications. The food and drink manufacturing sector in Leicester and Leicestershire’s economy is worth £600m – the second most important economic contributor after non-food manufacturing. Food is also important for tourism in Leicestershire, with Melton Mowbray designating itself as “the Rural Capital of Food “.

It is important that we take a strategic approach to managing the food system and I am delighted to advise the Council that we are developing a Food Plan for Leicestershire. The Plan will provide a focus for our work to address the rising health, care and productivity costs of ill-health due to overweight/obesity, to reduce food waste costs/environmental impacts and to strengthen our very important local food manufacturing sector. It will also mean that Leicestershire can become a member of the national “Sustainable Food Cities” (SFC) network which in turn would open up funding opportunities and support from national experts in this field. We will be taking a two-strand approach to Leicestershire’s food plan, with a county-level strategy developed in tandem with community-level plans at district, or equivalent level.

A county-wide food plan also fits well strategically with the development of the Council’s single outcomes framework, given its cross-departmental nature, and will contribute to outcomes around A Strong Economy, Wellbeing and Opportunity, Great Communities and Keeping People Safe. It will also contribute to our waste reduction set out in the Leicestershire Municipal Waste Management Strategy.

Leicester, Leicestershire and Rutland Carer's Strategy

Consultation on the draft strategy commenced on 28 February 2018 and will run until 22 April 2018.

The draft Joint Carers Strategy 2018-2021 sets out a shared vision and priorities for recognising, valuing and supporting carers by Leicester City, Leicestershire County Council, Rutland County Council and the Clinical Commissioning Groups (CCGs) for Leicester City, Leicestershire and Rutland. Partner organisations that have been involved in the development of the strategy include Healthwatch (Leicester, Leicestershire and Rutland), Alzheimer's Society, The Carers Centre, Voluntary Action South Leicestershire (VASL) Barnardo's and Age UK Leicestershire.

Key priorities have been identified to support carers across Leicester, Leicestershire and Rutland to continue in their caring role and to maintain their own health and wellbeing.

The Strategy describes the planned actions for each priority and is seeking views on these: this feedback will be used to develop the detailed action plans which will support the Joint Carers Strategy.

People will have a chance to have their say, at public and provider meetings, or by email. Feedback will also be encouraged from current users of carers' services via the commissioned provider.

Full details are available via www.leicestershire.gov.uk/carers-strategy

A SELECTION OF REGIONAL AND NATIONAL PUBLICATIONS AND NEWS

Public Health Transformation Five Years On

This LGA publication, subtitled 'Transformation in Action' features case studies which illustrate some of the opportunities councils' public health teams have seized to work with communities, to support inclusive growth, good housing and jobs policy within their councils, as well as the more traditional roles of public health.

One of the case studies is from Leicestershire County Council, and is called "a social model of public health" – this starts on page 37 of the document. To view the report please visit

https://www.local.gov.uk/sites/default/files/documents/22.14%20Public%20health%2005%20years%20on_Web.pdf

Healthy Homes: Accommodating an Ageing Population

This report from the Institution of Mechanical Engineers considers what is needed in terms of accommodation to ensure that the ageing population remains fit and well into old age.

To view the report please visit <http://www.imeche.org/docs/default-source/1-oscar/reports-policy-statements-and-documents/imeche-healthy-homes-report.pdf>

Age UK Report: Promising approaches to living well with dementia

This report outlines a number of scaleable and cost-effective interventions that can support people with dementia. It includes case studies of services and projects that support wellbeing and living well for people with dementia.

To view the report please visit https://www.ageuk.org.uk/globalassets/age-uk/documents/reports-and-publications/reports-and-briefings/health--wellbeing/rb_feb2018_promising_approaches_to_living_well_with_dementia_report.pdf?utm_source=The%20King%27s%20Fund%20newsletters&utm_medium=email&utm_campaign=9154345_NEWSL_HMP%202018-02-13&dm_i=21A8,5G7JD,FLWOSX,L4ZPT,1

Medicines optimisation in care homes: programme overview

This guidance outlines details of a programme that aims to recruit pharmacists into care homes to help reduce overmedication and cut unnecessary hospital stays.

To view the guidance please visit https://www.england.nhs.uk/wp-content/uploads/2018/03/medicines-optimisation-in-care-homes-programme-overview.pdf?utm_source=The%20King%27s%20Fund%20newsletters&utm_medium=email&utm_campaign=9275902_NEWSL_HMP%202018-03-20&dm_i=21A8,5ITBY,FLWOSX,LFM9P,1

More than bricks: are social housing providers best placed to offer support to tenants?

This report argues that social housing providers should take a lead in delivering support packages to help people overcome barriers in their lives. In a survey of tenants and providers, it finds that social housing providers are already offering support for health and wellbeing but that there was a demand for greater levels of support, particularly around mental health.

To view the report please visit

<https://www.acisgroup.co.uk/download.cfm?doc=docm93jjm4n1173>

Public Satisfaction with the NHS and Social Care in 2017

Since 1983, NatCen Social Research's British Social Attitudes (BSA) survey has asked members of the public about their views on, and feelings towards, the NHS and health and care issues generally. The latest survey was carried out between July and October 2017 and asked a nationally representative sample of 3,004 adults in England, Scotland and Wales about their satisfaction with the NHS overall, and 1,002 people about their satisfaction with individual NHS and social care services.

For analysis of the survey results, please visit

https://www.kingsfund.org.uk/publications/public-satisfaction-nhs-2017?utm_source=linkedin&utm_medium=social&utm_term=thekingsfund

House of Commons Communities and Local Government Committee Report: Housing for older people

This report calls for a national strategy for older people's housing to bring together and improve policy in this area. It calls on the government to recognise the link between homes and health and social care in the forthcoming social care Green Paper.

To view the report please visit

https://publications.parliament.uk/pa/cm201719/cmselect/cmcomloc/370/370.pdf?utm_source=The%20King%27s%20Fund%20newsletters&utm_medium=email&utm_campaign=9154345_NEWSL_HMP%202018-02-13&dm_i=21A8,5G7JD,FLWOSX,L4KGP,1

Improving Health and Care through the home: A National Memorandum of Understanding

Improved Health and Care Through the Home - a renewed Memorandum of Understanding (MoU), sets out why organisations urgently need to work better together.

It reflects on the success of previous cross sector commitments which have led to housing solutions being at the centre of improving health and supporting acute health and care services meet growing demands.

The 2018 MoU commits all the signatories to build on previous successes to ensure that more joint working across housing, care and health services can impact positively on the experience of a greater number of people needing and using health and care services.

For more information please visit

<https://www.housinglin.org.uk/Topics/type/Improving-Health-and-Care-through-the-home-A-National-Memorandum-of-Understanding/>

Parliamentary Office of Science and Technology: The ageing process and health

This briefing summarises the evidence on the biological basis of ageing and outlines the ways in which public health policy can support better health in later life.

To view the briefing please visit

http://researchbriefings.files.parliament.uk/documents/POST-PN-0571/POST-PN-0571.pdf?utm_source=The%20King%27s%20Fund%20newsletters&utm_medium=email&utm_campaign=9154345_NEWSL_HMP%202018-02-13&dm_i=21A8,5G7JD,FLWOSX,L4KKH,1

King's Fund Health and Wellbeing Board Bulletin

The February Health and Wellbeing Board bulletin is available via <https://kingsfundmail.org.uk/21A8-5FZ8B-5FFLWOSX4B/cr.aspx>. This includes information on the role of communities in improving health, mortality trends between different socio-economic circumstances and gender in England, use of digital technology to improve public health, an evidence review on the use of e-cigarettes and heated tobacco products and a summary of the evidence on the biological basis of ageing and the ways in which public health policy can support better health in later life.

The March Health and Wellbeing Board bulletin is available via <https://kingsfundmail.org.uk/21A8-5FZ8A-5FFLWOSX4B/cr.aspx>. This includes information on tackling multiple unhealthy risk factors, Commissioner perspectives on working with the voluntary, community and social enterprise sector, community-centred approaches for health and wellbeing and the health impacts of all pollution.

The most recent Health and Wellbeing Board bulletin is available via <https://kingsfundmail.org.uk/21A8-5HXLL-5FFLWOSX4B/cr.aspx>. This includes information on a review of children's mental health services, child health data and the calorie reduction programme.

Kind's Fund: Multiple unhealthy risk factors: why they matter and how practice is changing

Seven in ten adults in England in 2008 had two or more risk factors of poor diet, physical inactivity, excessive alcohol consumption and smoking. Previously, The King's Fund has looked at [the prevalence of multiple unhealthy behaviours](#), and now we it is revisiting this area by looking at [how some services are developing a response to the reality that most people experience risk factors in combination](#).

For more information please visit

<https://www.kingsfund.org.uk/blog/2018/03/multiple-unhealthy-risk-factors>

Local Government Association: Care and Health Improvement Programme Efficiency Project

In 2016/17 the LGA worked alongside 10 councils that proposed a range of innovative solutions to assist in achieving greater efficiencies from their adult social care budgets. For further details please visit <https://www.local.gov.uk/care-and-health-improvement-programme-efficiency-project>

NHS England announces agreement on 2018/19 GP Contract

A [new GP contract](#), agreed by NHS England, the Government and the British Medical Association's General Practitioners Committee, will take effect from 1 April 2018.

For more information please visit <https://www.england.nhs.uk/2018/03/nhs-england-today-announces-agreement-on-2018-19-gp-contract/>

NHS England: England's top nurse announces major new recruitment and retention campaign to coincide with 70th anniversary of NHS

England's top nurse to announce a major new recruitment and retention campaign for the profession today as part of plans to mark the [NHS's landmark 70th year](#).

For more information please visit https://www.england.nhs.uk/2018/03/englands-top-nurse-announces-major-new-recruitment-and-retention-campaign-to-coincide-with-70th-anniversary-of-nhs/?utm_source=feedburner&utm_medium=email&utm_campaign=Feed%3A+NHS+CBoard+%28NHS+England%29

NHS England: NHS 'one stop shop' for prostate cancer means faster and more accurate diagnosis

The NHS is using cutting edge technology to help slash diagnosis times for prostate cancer from six weeks to one day in a world-leading new approach that virtually eliminates the risk of deadly sepsis.

For more information please visit https://www.england.nhs.uk/2018/03/nhs-one-stop-shop-for-prostate-cancer-means-faster-and-more-accurate-diagnosis/?utm_source=feedburner&utm_medium=email&utm_campaign=Feed%3A+NHSCBoard+%28NHS+England%29

King's Fund Analysis: How is the NHS performing? March 2018 quarterly monitoring report

This is produced by the King's Fund as part of its work to track, analyse and comment on the changes and challenges the health and care system is facing.

In summary, the analysis finds that more patients are facing long waits for hospital treatment, with those experiencing the longest waits often most in need of treatment. With demand for services continuing to rise it's very unlikely that meeting waiting time targets will become more achievable, with implications for how the NHS protects patients waiting the longest.

To view the analysis please visit <https://www.kingsfund.org.uk/publications/how-nhs-performing-march-2018>

Counter-terrorism in the NHS: evaluating Prevent Duty safeguarding in the NHS

The Prevent Duty is a component of the Counter-Terrorism and Security Act 2015 which requires health care providers to train their staff about the signs of radicalisation and how to report patients or staff to safeguarding teams. This report looks at how Midlands health care providers undertook their safeguarding responsibilities under the Prevent Duty.

To view the report please visit https://warwick.ac.uk/fac/soc/pais/research/researchcentres/irs/counterterrorisminthens/project_report_draft_60pp.pdf?utm_source=The%20King%27s%20Fund%20newsletters&utm_medium=email&utm_campaign=9275902_NEWSL_HMP%202018-03-20&dm_i=21A8,5ITBY,FLWOSX,LG6LR,1